

Dementia Friendly Communities – Hub Remobilisation Plan

Last updated: 18th March 2021 / Sarah Kerr, Communications Manager

Colour key:

	Existing work – pre-COVID-19
	New area of work introduced since COVID-19

Activity	Current Status	Pre-COVID users	Current users	Anticipated users after easing of restrictions	Plan for remobilisation	Timeline
Helmsdale Hub – in person	In-person Hub has been suspended since March 2020.	21 registered members + 8 extra attending one-off activities + 2 junior Hub Club members.	N/A	20	<p>Reopening of Helmsdale Hub with restrictions on numbers (pre-registering required), enhanced hygiene measures and the use/provision of face masks and hand sanitiser.</p> <p>Helmsdale Community Centre have said they would be responsible for track and trace if we collect the information.</p> <p>Toilets cleaned daily, but not exclusively for Hub users so extra cleaning will be required.</p>	When restrictions are lifted sufficiently and in line with Government guidance.

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					<p>Monday Walking group:10-11am (see separate entry below) Chatty Café: 10am-12pm Chair-based exercises: 1-2.30pm Hub Project Lead cleaning and making member phone calls between sessions.</p> <p>Friday 10.30am-12.30pm bingo and coffee 12.30-1.30pm Grab `n Go Bags 1.30-2.30pm Games in the afternoon</p> <p>Helmsdale members really enjoyed the themed lunches. Fish Friday / summer picnic / Afternoon Tea. They would have to pre book. Traditionally the HUBs are expected to offer a 2-course lunch, over time we have found that this is not what Helmsdale</p>	

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					members want. The offer is always there via Dinner To Your Door on other days.	
Helmsdale Hub – member support	Since March 2020 weekly phone calls to members plus online video calls and activities have been taking place, including bingo and cognitive games.	N/A	15	4 We anticipate there being some members who may not feel comfortable joining in-person initially.	Garden and/or home visits to, and individuals walks with, members who do not feel comfortable with returning to the Hub yet. All will take place with adherence to social distancing, enhanced hygiene measures and the use of face masks.	When 'stay at home' guidance ends and outdoor meeting between two households is permitted. To continue until everyone is happy to return to the Hub.
Golspie Hub – in person	In-person Hub has been suspended since March 2020.	18 registered members.	N/A	18	Weekly calls and online activities to continue for now, but ultimately we will look to reopen the Golspie Hub with limited numbers (pre-registering required), enhanced hygiene measures and the use of face masks. May need to seek an alternative venue as the	Golspie Hub to reopen once Helmsdale Hub has been tried and tested, and when lifting of restrictions allows.

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					<p>previous venue is showing no signs of opening soon.</p> <p>Thursday: 11am-12.30 pm - Coffee and games 12.30-1.30pm – Lunch via Dinner To Your Door (see note below) 1.30-2pm – Cleaning</p> <p>Golspie Hub was launched with a soup and sweet offering which worked well in comparison to a main course</p>	
Golspie Hub – member support	Since March 2020 weekly phone calls to members plus online video calls and activities have been taking place, including bingo and cognitive games.	N/A	18	0	No need for this type of support once Golspie Hub can reopen due to all members being keen to get back to the Hub.	

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Helmsdale Walking Group	Suspended since December when 'stay at home' guidance was reintroduced.	N/A	5	7	Restart walking group on a Monday morning with small numbers and social distancing/wearing of face masks.	When group exercise is permitted.
Creative Writing Group	Delivered online.	3	10	10	Continue creative writing classes online for the foreseeable future. Outdoor or walk-based sessions.	Outdoor group sessions only when Government guidance allows.
Art 'n Blether	Suspended since March 2020.	35	N/A	Up to 30	Restart outdoor classes when weather permits. Restart indoor classes. Both of the above will follow guidance on social distancing, enhanced hygiene and the wearing of face masks.	When restrictions allow groups to meet outdoors art classes could be in person with social distancing in place. When restrictions are eased enough to allow indoor classes to begin again these can start.

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Online Art 'n Blether	Classes have been delivered online since January 2021.	N/A	23	TBC	We are currently in the process of establishing how many online art class members would prefer to continue to join online rather than in-person.	If there is little interest in continuing online then we will cease running the online classes once restrictions are eased enough to allow in-person classes to run.
Helmsdale Dog Show	The Dog Show, which usually takes place in June each year was cancelled in 2020.	60	N/A	50	We are currently discussing the possibility of hosting an Online Dog Show in 2021.	To be held in April 2021.