

REGISTERED COMPANY NUMBER: SC431830 (Scotland)
REGISTERED CHARITY NUMBER: SC047864

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 30 September 2020
for
Dementia Friendly Communities Ltd
Trading as Connecting Communities

Mackay & Co
Chartered Accountants
Unit 8
Golspie Business Park
Golspie
Sutherland
KW10 6UB

Dementia Friendly Communities Ltd
Trading as Connecting Communities

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for the Year Ended 30 September 2020

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Report of the Trustees
for the Year Ended 30 September 2020

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Dementia Friendly Communities Ltd (DFC), formerly Dementia Friendly Communities CIC, was established in 2012.

From March 2019 DFC became known as Connecting Communities, but still maintains DFC as the legal name for the charity. This is to reflect DFC's socially inclusive programme which relies on the compassionate support of the whole community to sustain all older folk, irrespective of their situation.

The aim of the company was to address the distinct lack of services and support available to people with dementia and their carers in our remote, rural community in East Sutherland, Scottish Highlands. However, since receiving a funding boost in 2015, DFC has become a successful provider of a range of socially inclusive services and activities aimed at the whole community, not only for people with dementia, particularly when the Covid-19 pandemic struck in March 2020 and urgent need was required in a variety of areas.

OBJECTIVES AND ACTIVITIES

Objectives and aims

DFC's objectives and aims are to provide socially inclusive programmes to support older folk - irrespective of their health - within the community by:

- raising awareness and challenging the stigma and misconceptions about the frailties of old age, including dementia, as well as identifying and addressing the needs of those folk in the community as well as their carers;
- working in partnership within the community to increase the opportunities for older people in order that they may remain engaged in their desired lifestyle for as long as possible;
- delivering programmes of activities in the community for the benefit of older people, including those with dementia;
- providing carer respite, support and practical assistance in the home;
- exploring new ideas and the use of technology to improve the lives of those affected by old age and dementia; and
- carrying out similar projects, initiatives or activities to advance the company's charitable purpose.

Report of the Trustees
for the Year Ended 30 September 2020

OBJECTIVES AND ACTIVITIES

Significant activities

From March 2020 our work was impacted heavily by the COVID-19 pandemic which meant dramatic changes in the following projects:

Helmsdale Village Hub operated three days a week for those aged 55+ who could be frail, lonely or perhaps simply want to blether with activities centred on creativity, cognitive work, and get up and go (including excursions, exercises, a writing group and weekly walking group). When the lockdown was announced in March 2020 we suspended the Hub and staff were redeployed to other projects with the exception of the project lead who continued to support Hub members remotely by speaking to them on the phone weekly, organising some online activities, and if restrictions allowed helping them with prescriptions or small amounts of shopping. As restriction levels changed during the last few months of the year we continued to operate in this way while awaiting guidance from NHS Highland who fund the Hubs through a Service Level Agreement.

Golspie Village Hub was introduced in October 2019 to enable more residents in the Golspie area to benefit from the activities of the Hub in Helmsdale. The Hub was well-attended although, like the Helmsdale Hub, was suspended in March 2020 with members being supported remotely as detailed above.

Dinner To Your Door is a modern meals on wheels service providing three-course freshly cooked nutritious hot meals to people in their own homes. We delivered meals to customers in Helmsdale, Brora, Golspie and outlying areas. We have two chefs and our delivery driver is a support worker who offered a listening ear to those who have little social interaction. Dinner To Your Door became our main area of focus from March 2020 onwards. It was quickly regarded as essential services with delivery of meals increasing from 25 per day to sometimes over 70 per day. Changes were also needed in order to protect both our staff and customers. The National Lottery Community Fund gave us much needed emergency funding which enabled us to not only keep the service going, but also to extend it to the communities of Dornoch and Embo. We also began offering meals to all areas Monday to Thursday rather than delivering to specific villages on different days as we previously had been doing.

Grab 'n Go Bags continued after a successful first year. Customers place an order for a snack bag, containing a sandwich or sausage roll, soup, fruit, freshly-made sweet treat and a drink. Originally intended to be introduced as a pilot with Hub members and to support older people to eat over the weekend, it grew considerably from the very start. Alongside Dinner To Your Door, our Grab 'n Go Bags were a key priority during the second half of the year, although this service was suspended for the duration of April 2020 when we faced problems with sourcing ingredients for preparing the bags. Staff from both the Village Hubs and Art 'n Blether were redeployed to this project.

Art 'n Blether gave folk not only a place to relax and learn a new skill, but also an opportunity to share issues with peers over a cuppa and home baking. The project continued to be a great success both in Helmsdale and Golspie with an additional class introduced in Brora in January 2020. All art classes were suspended from March 2020 and the tutor was redeployed to other project areas while at the same time delivering short art videos through social media platform Facebook. One-on-one classes resumed with one family until the reintroduction of restrictions meant this also needed to be suspended. Recognising that many of our regular attendees were keen to still enjoy shared art classes we are now looking at funding to support online art classes.

Report of the Trustees
for the Year Ended 30 September 2020

OBJECTIVES AND ACTIVITIES

Bridge Over Troubled Waters offers tailored short-term support to families at times of illness, injury, moving home or change in circumstance by filling immediate gaps when statutory services are unavailable. The service continued to provide support to a small number of individuals and their families in the first part of the year and again during the summer of 2020 when restrictions allowed.

Window to the World - our rural interactive screen project - allows older folk to get used to interactive technology in a community setting while also benefitting from community interaction and cognitive stimulation. A second meeting of those with a screen was held in early 2020 with ideas for further collaboration discussed. Once the COVID-19 pandemic was announced this project was put on hold due to public buildings where the screens are stored being closed.

Helmsdale Men's Shed offered a facility for local men in particular to socialise and share their skills. After a few years of minimal success with the Men's Shed and there being a greater need for a food share facility in Helmsdale during the pandemic, the Shed was donated to the local community for this purpose in May 2020.

Sutherland Home Care - in late 2019 we set in motion plans for developing a new home care service, initially for East Sutherland with the possibility of expanding to other areas in future years. We set up a wholly-owned trading company, Sutherland Home Care, which received Care Inspectorate registration during this year. Covid-19 has dramatically impacted on getting this company up and running, including difficulties establishing bank accounts and confirming contracts.

FINANCIAL REVIEW

Financial position

At the end of the year under review the charity reserves were valued at £73,330, (2019 - £63,190), of which £4,178, (2019 - £1,714) were restricted. Included in these reserves were cash at bank and in hand totalling £130,637, (2019 - £87,631).

It should be noted that cash at bank includes unused grant of £33,516 which was repaid to NHS Highland after the year end.

Principal funding sources

The National Lottery Improving Lives Fund has remained our core funder for sustaining the programmes we run for a further year.

NHS Highland continued to support the Well-being Hub in Helmsdale, even during the pandemic. Shortly after the pandemic was announced we received a small grant from Foundation Scotland to cover the increased cost of ingredients for Dinner To Your Door due to problems with sourcing them. Later we were given a grant from The National Lottery Community Fund to support the additional costs associated with providing a larger number of meals than usual.

Emergency funding has been key for us and the short timescales in which to apply and receive a response kept us functioning throughout the second half of the year until we received the grant from The National Lottery. Additional funds received for our response to the pandemic include that from Highland Council for Dinner To Your Door and Funding Scotland towards the end of the year for the implementation of online Art 'n Blether classes.

Report of the Trustees
for the Year Ended 30 September 2020

FINANCIAL REVIEW

Reserves policy

In the current financial climate and the risk of uncertain funding, particularly given the pandemic, the trustees continue to consolidate the organisation's financial position through effective management and governance; and to ensure the viability of the Charity, the Board recognises the importance of holding sufficient reserves to cover six months running and potential redundancy costs. This is regarded as essential in operating the organisation.

FUTURE PLANS

Over the next year we continue to face uncertainty over whether any of our suspended services will be able to run again. Given this uncertainty we aim to do the following during the next financial year:

Since the year end we have received a grant from the SSE Beatrice Windfarm Panel to pay for a new electric van for Dinner To Your Door and Grab 'n Go Bags deliveries.

Run Art 'n Blether classes online for existing and new members as well as one-on-one classes.

Start a Walking Group to Helmsdale, and possibly further villages in East Sutherland, in line with social distancing and hygiene guidance.

Introduce a pop-up café in line with social distancing, hygiene and face mask guidance.

Continue to work towards introducing Home Care as part of our service to the community.

Offer a new support service, Caring for the Carer, addressing the specific needs of carers.

Ask the community what they need to support them during the pandemic.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

New trustees are selected by the Board. Their appointment is governed by the company's Articles of Association and are guided and encouraged by existing trustees.

Organisational structure

The day to day activities of the charity are run by a senior management team consisting of a Programme Manager, a Finance Manager and a Communications Manager whilst the board of trustees maintains overall control.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

SC431830 (Scotland)

Registered Charity number

SC047864

Dementia Friendly Communities Ltd (Registered number: SC431830)
Trading as Connecting Communities

Report of the Trustees
for the Year Ended 30 September 2020

Registered office

Helmsdale Community Centre
Dunrobin Street
Helmsdale
East Sutherland
KW8 6JA

Trustees

Mrs L Bright
Mrs A Houston (resigned 12.6.20)
Mrs S C Zeb Chair
Mrs A W Pascoe
Mrs N H McAdam (resigned 12.6.20)
Professor K Broadfoot (appointed 12.6.20)
Mrs S J McCall (appointed 12.6.20)

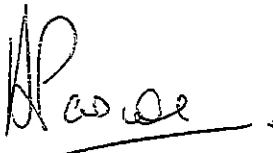
Company Secretary

Ms S L Kerr

Independent Examiner

Marcus D Maclver, CA
Mackay & Co
Chartered Accountants
Unit 8
Golspie Business Park
Golspie
Sutherland
KW10 6UB

Approved by order of the board of trustees on 19 March 2021 and signed on its behalf by:



Mrs A W Pascoe - Trustee

Independent Examiner's Report to the Trustees of
Dementia Friendly Communities Ltd

I report on the accounts for the year ended 30 September 2020 set out on pages seven to eighteen.

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention :

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
 - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Marcus D MacIver, CA
Mackay & Co
Chartered Accountants
Unit 8
Golspie Business Park
Golspie
Sutherland
KW10 6UB

19 March 2021

Dementia Friendly Communities Ltd
Trading as Connecting Communities

Statement of Financial Activities
for the Year Ended 30 September 2020

	Notes	Unrestricted funds £	Restricted funds £	30.9.20 Total funds £	30.9.19 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	1	1	2	11,437
Charitable activities					
Men's shed	3	3,069	-	3,069	124
Art 'n Blether		2,391	4,890	7,281	9,322
Rollout		-	-	-	48,494
Well-being Hubs		2,634	20,117	22,751	101,656
Eight pillars		-	-	-	24,995
Age Friendly Circle of Support		-	37,006	37,006	37,773
Grab 'n Go		10,456	-	10,456	9,108
Dinner to Your Door		45,130	28,205	73,335	-
Bridge Over Troubled Water		2,634	2,982	5,616	-
Total		66,315	93,201	159,516	242,909
EXPENDITURE ON					
Charitable activities					
Men's shed		852	-	852	3,507
Art 'n Blether		340	4,890	5,230	5,431
Rollout		-	-	-	65,108
Well-being Hubs		10,648	20,118	30,766	81,637
Eight pillars		-	-	-	30,662
Age Friendly Circle of Support		-	34,542	34,542	34,636
Grab 'n Go		11,528	-	11,528	6,388
Dinner to Your Door		28,354	28,205	56,559	-
Bridge Over Troubled Water		6,917	2,982	9,899	-
Total		58,639	90,737	149,376	227,369
NET INCOME		7,676	2,464	10,140	15,540
RECONCILIATION OF FUNDS					
Total funds brought forward		61,476	1,714	63,190	47,650
TOTAL FUNDS CARRIED FORWARD		69,152	4,178	73,330	63,190

The notes form part of these financial statements

Dementia Friendly Communities Ltd (Registered number: SC431830)
Trading as Connecting Communities

Balance Sheet
30 September 2020

	Notes	Unrestricted funds £	Restricted funds £	30.9.20 Total funds £	30.9.19 Total funds £
FIXED ASSETS					
Tangible assets	8	-	-	-	3,139
CURRENT ASSETS					
Debtors	9	465	-	465	-
Cash at bank and in hand		70,641	59,996	130,637	87,631
		<u>71,106</u>	<u>59,996</u>	<u>131,102</u>	<u>87,631</u>
CREDITORS					
Amounts falling due within one year	10	(1,954)	(55,818)	(57,772)	(27,580)
NET CURRENT ASSETS		<u>69,152</u>	<u>4,178</u>	<u>73,330</u>	<u>60,051</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>69,152</u>	<u>4,178</u>	<u>73,330</u>	<u>63,190</u>
NET ASSETS		<u>69,152</u>	<u>4,178</u>	<u>73,330</u>	<u>63,190</u>
FUNDS	11				
Unrestricted funds				69,152	61,476
Restricted funds				4,178	1,714
TOTAL FUNDS				<u>73,330</u>	<u>63,190</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

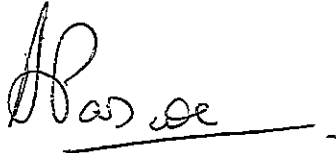
The notes form part of these financial statements

Dementia Friendly Communities Ltd (Registered number: SC431830)
Trading as Connecting Communities

Balance Sheet - continued
30 September 2020

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 19 March 2021 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'A W Pascoe', written over a horizontal line.

A W Pascoe - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 10% on cost
Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Notes to the Financial Statements - continued
for the Year Ended 30 September 2020

2. DONATIONS AND LEGACIES

	30.9.20	30.9.19
	£	£
Donations	2	11,437
	<u>2</u>	<u>11,437</u>

3. INCOME FROM CHARITABLE ACTIVITIES

	30.9.20	30.9.19
Activity	£	£
Fees and Income stream		
Men's shed	70	-
Gifts and donated income		
Men's shed	2,999	124
Fees and Income stream		
Art 'n Blether	2,199	4,160
Gifts and donated income		
Art 'n Blether	192	5,162
Grants		
Art 'n Blether	4,890	-
Grants		
Rollout	-	48,494
Fees and Income stream		
Well-being Hubs	-	30,005
Meals		
Well-being Hubs	-	27,339
Gifts and donated income		
Well-being Hubs	2,384	3,985
Grants		
Well-being Hubs	20,367	40,327
Fees and Income stream		
Eight pillars	-	24,995
Grants		
Age Friendly Circle of Support	37,006	37,773
Fees and Income stream		
Grab 'n Go	10,456	4,593
Grants		
Grab 'n Go	-	4,515
Fees and Income stream		
Dinner to Your Door	1,948	-
Meals		
Dinner to Your Door	43,182	-
Grants		
Dinner to Your Door	28,205	-
Fees and Income stream		
Bridge Over Troubled Water	2,634	-
Grants		
Bridge Over Troubled Water	2,982	-
	<u>159,514</u>	<u>231,472</u>

Grants received, included in the above, are as follows:

	30.9.20	30.9.19
	£	£
SSE	-	15,210
Life Changes Trust	-	48,494
Big Lottery Fund	59,211	37,773
	<u>59,211</u>	<u>101,477</u>
Carried forward	59,211	101,477

Notes to the Financial Statements - continued
for the Year Ended 30 September 2020

3. INCOME FROM CHARITABLE ACTIVITIES - continued

	30.9.20	30.9.19
	£	£
Brought forward	59,211	101,477
NHS Highland	23,099	20,117
Eat Well Age Well	-	4,515
Garfield Weston Foundation	-	5,000
Corra Foundation	2,000	-
Foundation Scotland	5,890	-
Helmsdale & District CC	2,750	-
Highland Council Ward	500	-
	<u>93,450</u>	<u>131,109</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	30.9.20	30.9.19
	£	£
Depreciation - owned assets	<u>2,305</u>	<u>2,745</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

	30.9.20	30.9.19
	£	£
Trustees' salaries	1,197	5,436
Trustees' social security	-	89
	<u>1,197</u>	<u>5,525</u>

Trustees' expenses

	30.9.20	30.9.19
	£	£
Trustees' expenses	<u>-</u>	<u>774</u>

Notes to the Financial Statements - continued
for the Year Ended 30 September 2020

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	30.9.20	30.9.19
Full time	5	1
Part time	8	13
	<hr/>	<hr/>
	13	14
	<hr/> <hr/>	<hr/> <hr/>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	11,436	1	11,437
Charitable activities			
Men's shed	124	-	124
Art 'n Blether	9,322	-	9,322
Rollout	-	48,494	48,494
Well-being Hubs	101,656	-	101,656
Eight pillars	24,995	-	24,995
Age Friendly Circle of Support	-	37,773	37,773
Grab 'n Go	4,593	4,515	9,108
	<hr/>	<hr/>	<hr/>
Total	152,126	90,783	242,909
EXPENDITURE ON			
Charitable activities			
Men's shed	3,507	-	3,507
Art 'n Blether	5,431	-	5,431
Rollout	-	65,108	65,108
Well-being Hubs	80,185	1,452	81,637
Eight pillars	30,662	-	30,662
Age Friendly Circle of Support	-	34,636	34,636
Grab 'n Go	1,873	4,515	6,388
	<hr/>	<hr/>	<hr/>
Total	121,658	105,711	227,369
	<hr/>	<hr/>	<hr/>
NET INCOME/(EXPENDITURE)	30,468	(14,928)	15,540
Transfers between funds	256	(256)	-
	<hr/>	<hr/>	<hr/>
Net movement in funds	30,724	(15,184)	15,540

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	30,752	16,898	47,650
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS CARRIED FORWARD	61,476	1,714	63,190
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

8. TANGIBLE FIXED ASSETS

	Plant and machinery £	Fixtures and fittings £	Motor vehicles £	Totals £
COST				
At 1 October 2019	1,390	6,549	10,424	18,363
Disposals	(1,390)	-	-	(1,390)
	<hr/>	<hr/>	<hr/>	<hr/>
At 30 September 2020	-	6,549	10,424	16,973
	<hr/>	<hr/>	<hr/>	<hr/>
DEPRECIATION				
At 1 October 2019	417	6,549	8,258	15,224
Charge for year	139	-	2,166	2,305
Eliminated on disposal	(556)	-	-	(556)
	<hr/>	<hr/>	<hr/>	<hr/>
At 30 September 2020	-	6,549	10,424	16,973
	<hr/>	<hr/>	<hr/>	<hr/>
NET BOOK VALUE				
At 30 September 2020	-	-	-	-
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
At 30 September 2019	973	-	2,166	3,139
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Notes to the Financial Statements - continued
for the Year Ended 30 September 2020

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.20	30.9.19
	£	£
Trade debtors	465	-
	<u>465</u>	<u>-</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.20	30.9.19
	£	£
Trade creditors	1,954	1,800
Other creditors	33,516	-
Accruals and deferred income	17,280	21,880
Accrued expenses	5,022	3,900
	<u>57,772</u>	<u>27,580</u>

11. MOVEMENT IN FUNDS

	At 1.10.19 £	Net movement in funds £	At 30.9.20 £
Unrestricted funds			
General fund	61,476	7,676	69,152
Restricted funds			
BIG Lottery	1,714	2,464	4,178
TOTAL FUNDS	<u>63,190</u>	<u>10,140</u>	<u>73,330</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	66,315	(58,639)	7,676
Restricted funds			
BIG Lottery	37,006	(34,542)	2,464
Foundation Scotland	4,890	(4,890)	-
SLA - NHS Highland	20,118	(20,118)	-
Dinner to your Door	28,205	(28,205)	-
Bridge Over Troubled Water	2,982	(2,982)	-
	<u>93,201</u>	<u>(90,737)</u>	<u>2,464</u>
TOTAL FUNDS	<u>159,516</u>	<u>(149,376)</u>	<u>10,140</u>

Notes to the Financial Statements - continued
for the Year Ended 30 September 2020

11. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.10.18 £	Net movement in funds £	Transfers between funds £	At 30.9.19 £
Unrestricted funds				
General fund	30,752	(2,463)	(5,667)	22,622
Core work	-	38,598	256	38,854
Eight Pillars	-	(5,667)	5,667	-
	<u>30,752</u>	<u>30,468</u>	<u>256</u>	<u>61,476</u>
Restricted funds				
LCT Rollout	16,613	(16,613)	-	-
BIG Lottery	29	1,685	-	1,714
LCT Non-commercial	256	-	(256)	-
	<u>16,898</u>	<u>(14,928)</u>	<u>(256)</u>	<u>1,714</u>
TOTAL FUNDS	<u><u>47,650</u></u>	<u><u>15,540</u></u>	<u><u>-</u></u>	<u><u>63,190</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	-	(2,463)	(2,463)
Core work	127,131	(88,533)	38,598
Eight Pillars	24,995	(30,662)	(5,667)
	<u>152,126</u>	<u>(121,658)</u>	<u>30,468</u>
Restricted funds			
LCT Rollout	48,495	(65,108)	(16,613)
BIG Lottery	37,773	(36,088)	1,685
Grab 'n Go	4,515	(4,515)	-
	<u>90,783</u>	<u>(105,711)</u>	<u>(14,928)</u>
TOTAL FUNDS	<u><u>242,909</u></u>	<u><u>(227,369)</u></u>	<u><u>15,540</u></u>

Notes to the Financial Statements - continued
for the Year Ended 30 September 2020

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.10.18 £	Net movement in funds £	Transfers between funds £	At 30.9.20 £
Unrestricted funds				
General fund	30,752	5,213	(5,667)	30,298
Core work	-	38,598	256	38,854
Eight Pillars	-	(5,667)	5,667	-
	<u>30,752</u>	<u>38,144</u>	<u>256</u>	<u>69,152</u>
Restricted funds				
LCT Rollout	16,613	(16,613)	-	-
BIG Lottery	29	4,149	-	4,178
LCT Non-commercial	256	-	(256)	-
	<u>16,898</u>	<u>(12,464)</u>	<u>(256)</u>	<u>4,178</u>
TOTAL FUNDS	<u>47,650</u>	<u>25,680</u>	<u>-</u>	<u>73,330</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	66,315	(61,102)	5,213
Core work	127,131	(88,533)	38,598
Eight Pillars	24,995	(30,662)	(5,667)
	<u>218,441</u>	<u>(180,297)</u>	<u>38,144</u>
Restricted funds			
LCT Rollout	48,495	(65,108)	(16,613)
BIG Lottery	74,779	(70,630)	4,149
Grab 'n Go	4,515	(4,515)	-
Foundation Scotland	4,890	(4,890)	-
SLA - NHS Highland	20,118	(20,118)	-
Dinner to your Door	28,205	(28,205)	-
Bridge Over Troubled Water	2,982	(2,982)	-
	<u>183,984</u>	<u>(196,448)</u>	<u>(12,464)</u>
TOTAL FUNDS	<u>402,425</u>	<u>(376,745)</u>	<u>25,680</u>

12. RELATED PARTY DISCLOSURES

Qualitative Evaluation costs of £2,500 have been paid to a consultancy business owned by Professor K Broadfoot, a trustee.